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## AGES & STAGES

# Developmental Milestones: 7 Months

## What are some of the developmental milestones my child should reach by seven months of age?

From age four to seven months, the most important changes take place within your child. This is the period when he'll learn to coordinate his emerging perceptive abilities (the use of senses like vision, touch, and hearing) and his increasing motor abilities to develop skills like grasping, rolling over, sitting up, and possibly even crawling.



Here are some other milestones to look for.

## Movement Milestones

- Rolls both ways (front to back, back to front)
- Sits with, and then without, support of her hands
- Supports her whole weight on her legs
- Reaches with one hand
- Transfers object from hand to hand
- Uses raking grasp (not pincer)

## Visual Milestones

- Develops full color vision
- Distance vision matures
- Ability to track moving objects improves

## Language Milestones

- Responds to own name
- Begins to respond to "no"
- Distinguishes emotions by tone of voice
- Responds to sound by making sounds
- Uses voice to express joy and displeasure
- Babbles chains of consonants

## Cognitive Milestones

- Finds partially hidden object
- Explores with hands and mouth
- Struggles to get objects that are out of reach

## Social and Emotional Milestones

- Enjoys social play
- Interested in mirror images
- Responds to other people's expressions of emotion and appears joyful often

## Developmental Health Watch

Because each baby develops in his own particular manner, it's impossible to tell exactly when or how your child will perfect a given skill. The developmental milestones listed in this book will give you a general idea of the changes you can expect, but don't be alarmed if your own baby's development takes a slightly different course. Alert your pediatrician, however, if your baby displays any of the following signs of possible developmental delay for this age range.

- Seems very stiff, with tight muscles
- Seems very floppy, like a rag doll
- Head still flops back when body is pulled up to a sitting position
- Reaches with one hand only
- Refuses to cuddle
- Shows no affection for the person who cares for him
- Doesn't seem to enjoy being around people
- One or both eyes consistently turn in or out
- Persistent tearing, eye drainage, or sensitivity to light
- Does not respond to sounds around him
- Has difficulty getting objects to his mouth
- Does not turn his head to locate sounds by four months
- Doesn't roll over in either direction (front to back or back to front) by five months
- Seems inconsolable at night after five months
- Doesn't smile spontaneously by five months
- Cannot sit with help by six months
- Does not laugh or make squealing sounds by six months
- Does not actively reach for objects by six to seven months
- Doesn't follow objects with both eyes at near (1 foot) [30 cm] and far (6 feet) [180 cm] ranges by seven months
- Does not bear some weight on legs by seven months
- Does not try to attract attention through actions by seven months
- Does not babble by eight months
- Shows no interest in games of peekaboo by eight months

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**Source** Caring for Your Baby and Young Child: Birth to Age 5 (Copyright © 2009 American Academy of Pediatrics)

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